

Capitol Care E-Letter

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Message from the Administrator

That was fast! It felt like 2009 was here and gone in the blink of an eye, and with the end of the year comes our holiday party. This year was especially wonderful with all of the businesses that chipped in to supplement our Christmas gift giving. Every resident had their own bag full of presents from the facility, and all enjoyed our annual Christmas party complete with the Don Smith band, a holiday meal, and of course...holiday pies. We couldn't have pulled such a logistical feat off without our activities department. Great Job!

In the upcoming year, we will be working on a great many projects focused on enhancing the quality of life of our residents far beyond the measures we put in place this year. While we implemented sweeping changes throughout our policies and operations for quality control, we look to raise the bar even higher this year with regard to what every person should expect from a skilled nursing facility. We're excited to unveil these changes as they occur, so be looking out for them!

Thank you for entrusting us with the care of our residents and families this last year. We look forward to serving you all in 2010. God Bless you all & Happy New Year!



Message from Dr. Pepper

New Year, new look! Welcome to the new Capitol Care E-Letter. I've been working diligently to update our communications measures this last month and enhancing the look and feel of our newsletter is just one of my "pet" projects. Internally, we'll be working to streamline our admissions practices to make your job easier when we receive a new referral. While the details might not be important to you, our new internal practices will help us to enhance the process for guests, residents, and discharge planners in order to facilitate an even smoother process than what is currently in place. We mean it when we ask "How can we make your job easier?"

As we look forward to the New Year, Capitol Care Center will be taking on a myriad of new projects designed to not only improve quality of life, but improve quality of operational excellence. We'll be sure to keep you up to speed on all that we do as we progress!

Best wishes for a great 2010! Talk to you next month!!!

Department Profile: Admissions

At Capitol Care Center, facilitating a smooth transition from where a patient currently is to our doors is a process that we work tirelessly to perfect by ensure that every resident enjoys a hassle-free process. By continuously building upon our admissions process, we strive to put the best available systems in place, not only for our residents' benefit, but for our referral sources as well. In offering weekend admissions, tours, evaluations, and more; our admissions department truly has evolved the 24-hour admissions process for skilled nursing in Springfield.

For Capitol Care Center, the highest rated care in Springfield starts with a superior admissions staff. The Capitol Care admissions process does not center around the actual admission, but rather around the process; and by being *the* experts in Medicare, Medicaid, and Private insurance. Setting us apart from the status quo is our expertise in insurance practices and acquisition. Putting these worries to rest is the first step in excellence focused care, and at Capitol Care Center, first class care is second nature.

Message from the D.O.N.

When it comes to the welfare of residents and staff, we at Capitol Care Center seem to switch into high gear to accomplish the mission. Recently, we have been working tirelessly to ensure that we are among the first to get the latest H1N1 vaccine for residents and for staff. We expect that our shipment will arrive from the Department of Public Health within a matter of weeks. All of those residents and staff who have requested the vaccination will be allowed to receive it here at Capitol Care Center.

As always, we encourage everyone to consult their primary physician if they have questions or concerns about receiving any vaccination, and to also do their own research if they so desire.

Thank you for your continued trust in our quality of care, and Happy New Year!

*Today, Louis is
ambulating on his own
and is able to perform
his self care tasks
without assistance and
is enjoying his new
prosthesis!*

Capitol Care Success Stories!

Louis B.

Louis came to Capitol Care Center in March of 2007 with severe wounds on his lower extremities. Additionally, Louis was not able to perform many of his self care tasks due to his wounds. Ultimately, Louis ended up losing his leg and subsequently received a new prosthesis early in 2009. Louis began working with the Capitol Care Center Restorative Department to begin his recovery about 10 months ago.

Over the past 10 months, the restorative department had begun applying special splints to Louis' legs throughout the day. As the months progressed, Louis' progress became more profound. He was beginning to ambulate with assistance and began practice of his own self care tasks. While the process was very slow as he awaited a permanent prosthesis, Louis' was kept to a rigorous therapy program to expedite his recovery.

Today, Louis has just received his permanent prosthesis a few weeks ago, but his recovery has been so profound that this is only a small perk to his hard work. Thanks to the Capitol Care Center restorative department, Louis had already begun self ambulation prior to this new prosthesis. He is already able to perform his self care tasks without assistance and is enjoying his new prosthesis as he moves about the facility on his own. The restorative department is very proud of its success with Louis', but even more proud of the hard work and time that Louis invested in his recovery at Capitol Care Center!

News from Human Resources

WE'RE HIRING!!! In the New Year we'll be looking to expand our staff as we grow! We'll be looking for RNs & CNAs for our afternoon and midnight shifts. If you or somebody you know is a highly qualified, professionally grounded individual that is integrity centered and ready to hit the ground running, we'd love to talk to you! Feel free to stop by our facility to drop off your resume and fill out an application at your convenience! For more information, please feel free to call or visit.

Our benefits have been updated for our employees in 2010. Our new benefit system has been upgraded and streamlined to include more opportunities and better perks for the people that make us the highest rated facility in Springfield. It's our way of taking care of those that take care of you!

Announcements

Our Christmas party could not have been such a success without the help of these businesses and organizations. We would like to take this opportunity to extend a special thanks to the following:

H.D. Smith

Department of Regulations

AFSCME Retirees

Department of Agriculture

Thank you so very much for giving of your time and treasure this holiday season to enhance the lives of our residents. It means so much to know that in spite of a troubled economy, your businesses and organizations made the effort to remember those that may have a little less this year. Thank you!

Upcoming Events

For a detailed listing of daily events, our activities department will be happy to offer monthly calendar of events. For further information please call 217.525.1880

Work Out	Jan 6, 13, 20 @ 9:45 am
Wii Games	Jan 8 @ 7 pm
Ice Cream Social	Jan 15 @ 2 pm
Movie Night w/ Beer & Popcorn	Jan 18 @ 7 pm
Resident Birthday Parties	Jan 19 @ 2 pm
Ice Cream Social & Resident Meeting	Jan 29 @ 2pm
Chapel Worship Services	Every Thursday @ 10am

