

June 3rd Floor

Amy McNeil
Activity Director

Capitol Care Center
555 W. Carpenter Springfield, IL 62702

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			8:30 Good Morning Capitol Care 10am Senior size 10:15 News and Views 10:30 Wheel Chair bowling 11am Meal Time Prep. 11:30 memory lane 2pm Garden Club 3pm Ball Toss 3:30 Color My World/this an That 4pm Chit Chat Club 5pm Meal Time Prep. 6:30 Wheel Of Fortune/Res. Choice	8:30 Good Morning Capitol Care 10am Stretch It out 10:15 News and Views 10:30 hot potato 11am Meal Time Prep. 11:30 Crosswords 2pm helping hands 2:30 easy listening 3pm tic Tack Toe 3:30 List Goes On 4pm Ball Toss 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ This and That	8:30 Good Morning Capitol Care 10am Church 11am Mealtime prep. 11:30 News and Views 2pm Ice Cream Social 3pm walking club 3:30 This n that 4pm Anything goes 5pm mealtime prep. 6:30 wheel of fortune/ Residents choice	8:30 Good Morning Capitol Care 10am Senior size 10:15 News and Views 10:30 Coffee Talk 11:00 Meal Time Prep. 11:30 Memory Lane 2pm Bingo 2:30 Dance Club 3:00 Coupon Clip 3:30 anything Goes 4pm Chit Chat Club 5pm Meal time Prep. 6:30 Wheel of Fortune /Anything Goes
5	6	7	8	9	10	11
8:30 Good Morning Capitol Care 10am Park Meadows Baptist Church 11am Meal Time Prep. 11:30 Trivia 2pm Poe keno 3pm Chit Chat Club 3:30 This N That 4pm TV Time 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ Res. Choice	8:30 Good Morning Capitol Care 10am Lets Get Moving 10:15 News And Views 10:30 Beach Ball Blast 11am Meal Time Prep. 11:30 Crosswords 2pm Garden Club 3pm Dance Club 3:30 Just Me and You 4pm Anything Goes 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ wind Down Time	8:30 Good Morning Capitol Care 10am Spa Hour 11am Meal Time Prep. 11:30 Summer Word Search 2pm Open your sences/esay listening 2:30 Walking Club 4pm Take a Break 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ Res. Choice	8:30 Good Morning Capitol Care 10am Stretch It Out 10:15 News and Views 10:30 Table Ball 11am Meal Time Prep. 11:30 Remember When 2pm Bingo 3pm Anything Goes 3:30 helping Hands 4pm Chit Chat Club 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ This N That	8:30 Good Morning Capitol Care 10am Jazzercise 10:15 News and Views 10:30 Wheel Chair Volley Ball 11am Meal Time Prep. 11:30 Trivia 2pm Craft class 3pm out side walk 3:30 Take a coffee Break 4pm anything goes 6:30 Wheel Of Fortune/ Res. Choice	8:30 Good Morning Capitol care 10am church 11am Meal Time Prep. 11:30 Memory lane 2pm Snack Time Social 3pm Chit Chat Club 3:30 any thing goes 4pm TV time 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ This N That	8:30 Good Morning Capitol Care 10am Senior size 10:15 News and Views 11am Meal Time Prep 11:30 Trivia 2pm Bingo 2:30 Walking Club/music Time 3pm anything Goes 3:30 Opposites attract 4pm Chit Chat Club 5pm Meal Time Prep. 6:30 Wheel Of Fortune/Res. Choice

<p>26</p> <p>8:30 Good Morning Capitol Care 10am Park Meadows Baptist Church 11:00 Mealtime Prep. 11:30 Reminiscing 2pm Card Bingo 3pm / Fold and Sort 3:30 Anything Goes 4pm Ball Toss 5pm meal time prep. 6:30 Wheel of Fortune/Res. Choice</p> <hr/>	<p>27</p> <p>Capitol Care 10am Stretch It out 10:15 News and Views 10:30 Art Club 11am Meal Time Prep. 2pm Sweet tea Club 3pm Story time 3:30 Simon Says 4pm Ball Toss 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ This and That</p> <hr/>	<p>28</p> <p>8:30 Good Morning Capitol Care 10am Spa Hour 11am Meal Time Prep. 11:30 memory lane 2pm Men's Club 3pm hot potato 3:30/this an That 4pm Chit Chat Club 5pm Meal Time Prep. 6:30 Wheel Of Fortune/Res. Choice</p>	<p>29</p> <p>8:30 Good Morning Capitol Care 10am Stretch It Out 10:15 News and Views 10:30 Table Ball 11am Meal Time Prep. 11:30 Remember When 2pm Bingo 3pm Anything Goes 3:30 helping Hands 4pm Chit Chat Club 5pm Meal Time Prep. 6:30 Wheel Of Fortune/ This N That</p>	<p>30</p> <p>8:30 Good Morning Capitol Care 10am Jazzercise 10:15 News and Views 10:30 Wheel Chair Volley Ball 11am Meal Time Prep. 11:30 Trivia 2pm Craft class 3pm out side walk 3:30 Take a coffee Break 4pm anything goes 6:30 Wheel Of Fortune/ Res. Choice</p>		
---	---	---	---	--	--	--