

Capitol Care E-Letter

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For those of you keeping tabs on the new building for our future sister facility, it has passed the last hurdle and has been granted approval by the Springfield City Council.

We'll be focusing on doing some new in-servicing for the hospitals as both have hired several new staff members as part of the social service / discharge planning teams at both locations.

Message from the Administrator

There is a lot of exciting news to share this summer! For those of you keeping tabs on the new building for our future sister facility, it has passed the last hurdle and has been granted approval by the Springfield City Council. Look for groundbreaking to happen in the September/October time frame. We've also been revamping our internal rounding procedures to ensure that our current level of quality care only gets better from where we're at now! Different levels of rounding take place throughout the day by several different managers throughout the facility. It's really shown to be effective to have different opinions from other departments to improve quality of care. So, we'll definitely continue and build on that idea.

We're also into that time of year where we're in our re-education phase. We'll be focused on ensuring that plenty of refresher courses have been given to staff to focus on quality of care and safety. Just like any training, it's always great to have a refresher to ensure that you've got the most up-to-date information as possible. It improves quality of care for our residents, and it improves the total education of our staff.

As always, thank you for your referrals and your trust in our care! Have a great rest of the summer!



Message from Dr. Pepper

Well Vegas Night was a huge success! We partnered with an outside gaming company to bring in slot machines, blackjack tables, roulette, horse racing, prize wheels, and so many other games. We also had the support of some of our community partners as sponsors of the event. There was cash to be won, prizes that could be purchased with the winnings of the night, and even something for everybody's sweet-tooth with a cake walk featuring gourmet cupcakes from area bakeries. It was just an all-around great night that the residents loved!

We'll be focusing on doing some new in-servicing for the hospitals as both have hired several new staff members as part of the social service / discharge planning teams at both locations. There will be some new information and a few recaps to bring everybody up to speed. Those are already scheduled and we'll be looking forward to seeing you all soon!

Capitol Care Success Stories!

Troy M.

Part 2 The Conclusion – Front Row Seats

2010 – A new procedure utilizing deep brain stimulation through implants has gained popularity among the Parkinson's community. The process works through a two part operation that implants a small device inside of the brain to provide electrical stimulation to the affected area and is coupled with the medications of the patient. The process was featured on Good Morning America several years ago. Troy, who has seen and researched the operation, has some worries about whether or not it would be a good idea to pursue candidacy for the operation. As with any elective operation, there are risks, and Troy wants to talk about them with Rachel before he decides to go through with the procedure.

Months later, with the help of the physicians at SIU Neurosurgery, Troy has been scheduled for his first evaluation and determined as a candidate for the deep brain stimulation implants. He would be scheduled for surgery in the fall of 2010 to undergo his first of 2 surgeries before the final results can be seen.

Fall 2010 – The deep brain stimulation implant requires two specific implants. The first is obviously in the area of the brain responsible for the tremors associated with Parkinson's disease. Those tremors often make it impossible for the patient to utilize basic muscle functionality for ambulation or self care, as was Troy's case upon his initial admission to Capitol Care. The second is a small device implanted in the upper torso area slightly adjacent to the soft tissue near the pit of the arm. This device is responsible for the frequency at which the stimulation occurs in the brain. It can be turned up or down with a remote control that communicates with the device. Since there are two devices, one for each side of the brain, there are two separate surgeries required on each side of the patient head. Troy undergoes the first surgery and is sent back the next day, with barely any tremors.

To say that the staff was amazed would have been an understatement. Troy was motionless, or to put it better, his motion was completely of his own will and not because of the tremors. It was simply amazing to see the results. However, complications arose as they often do with this surgery because the med levels were not set just right. This is often the case with this particular surgery until an even keel level of meds and stimulation can be met. So, Troy has a minor setback, but it's nothing compared to where he's been so far.

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Troy M – Continued...

Troy is set for his follow-up visit for his secondary surgery. There's already talk that he may even discharge home someday soon. Maybe even by Easter. Needless to say, the buzz of Troy's success is getting around. His second surgery is performed and he is discharged back to Capitol Care. However, the device hasn't been turned on just yet. The doctors are waiting to ensure that his med levels are correct and tolerated properly. As luck would have it, Troy develops an infection near the site of one of the implants and goes back to the hospital for several days. They remove the implants, clear the infection, and plan to take another shot at the procedure.

Spring 2011 – The procedure is any day now for Troy to have the implants put in. Already there's a feeling that this is it. This is going to be the one that works. So many hurdles. So many setbacks. This has to be the one for Troy. The Capitol Care transport van pulls up and Troy takes off to St. John's.

Things are looking successful so far and Troy is cleared for independent living. It's emotional to say the least, and just that piece of paper in his hand saying so is like a small trophy.

Procedure two takes place...success! Troy is a successful deep brain stimulation implant recipient. His med levels are adjusted, the frequencies on his devices are set, and he starts learning to live again. It's not a cure all, but it makes him independent enough for the orders to come across the fax machine. The orders that are labeled "discharge HOME." The day that everybody said was impossible was happening the next Friday, and Troy was not too shy about packing his things.

Was it an emotional discharge? Yes. However, it wasn't without a little treat. Troy and his daughter are big fans of WWE. So when he asked us to place an order for him for tickets for him and Rachel, it wasn't a hard decision for our Administrator to "upgrade" his tickets all on her own. Troy was leaving Capitol Care Center with a new lease on life, his own home – complete with a bedroom for Rachel...and front row rindside seats to WWE's Monday Night Raw.

Senior Spotlight: Vegas Night

In July, Capitol Care Center held its first ever Vegas Night. We partnered with an outside gaming company that was able to supply slot machines, blackjack and roulette tables, horse racing, a prize wheel, and all of the chips and coins needed for play. In addition, we had some more common favorites to cater to family and children such as a cake walk, bingo, guessing the amount of gumballs in the jar for cash, and trivia. We set up a prize table for when guests wanted to "cash out" and we even had a mini-buffet...Vegas style.

We also offered classic Vegas music associated with sin city ranging from Elvis to "The Chairman" Frank Sinatra. A revolving slide show flashed facts about Vegas and also offered trivia questions and recognition for our many sponsors who helped make it a huge night!

It was a smash hit! Residents, family members, and employees were talking about it for days and days after the event was over, with so many people asking, "When will we be doing that again?" Needless to say, it was a hit!



Announcements

Congratulations!

Congratulations to 4 of our CNAs that have recently completed their LPN at CASPN. We are extremely proud that we could be instrumental in helping them to pursue a continuing education in healthcare. Congratulations to:

Deann, Jordan, Julie, and Nikki on completing your LPN!

Also, please note that announcement for change of hours that is located near the schedule on 1st Floor.



"What fits your busy schedule better, exercising one hour a day or being dead 24 hours a day?"

Upcoming Events

For a detailed listing of daily events, you can download the full calendar at www.CapitolCareCenter.com or click [here](#). For further information please call 217.525.1880 or email AMcNeil@platinumhc.net.

Garden Club	Aug 1 st & 15th @ 2 pm
Wii Sports	Aug 9 @ 10 am
Back to School Social	Aug 26 @ 2 pm
Wag-N-Tails	Aug 30 @ 10 am
Craft Class	Aug 31 @ 2 pm
Catholic Services	Every Monday @ 10 am
Chapel Worship Services	Every Thursday @ 10 am

