

Capitol Care E-Letter

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Inside This Issue

- 1 Message from the Administrator
- 1 Message from Dr. Pepper
- 2 Year in Review
- 2 Capitol Care "Says It In Lights"
- 3 News from HR
- 3 Announcements
- 3 Upcoming Events

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Message from the Administrator

The end of the year is finally upon us, and as we approach this Blessed Christmas & Hanukah season, the days and evenings get busier and busier. The month of December is packed with holiday entertainment and activities at Capitol Care Center. We have honestly had a very busy December, but it has been nothing but smooth sailing.

Our staff has been busy decorating the facility and preparing to make this holiday season one of the most memorable for residents and families all while accommodating a rather busy census this month!

It's a great time of year! A time that we reflect back on the blessings we have had for a wonderful year and a time to look forward to the gift of another year still to come. It is at this time that we remember those who are no longer with us and cherish those who are.

During this time of good will, may the spirit of Christmas fill your hearts and bless your homes. From the entire staff and management at Capitol Care Center, I wish you a world of peace and best wishes for a blessed holiday season!



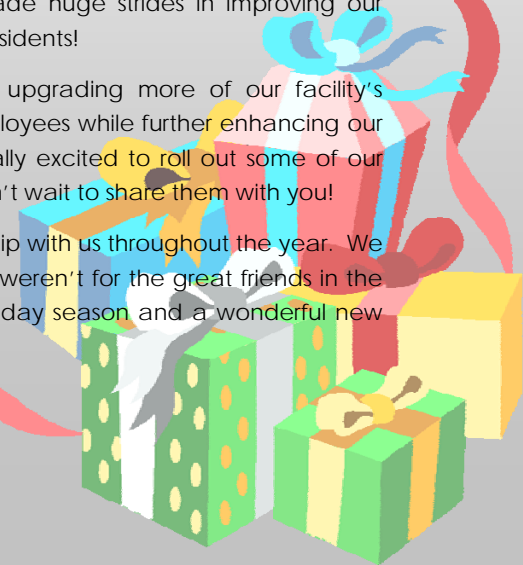
Message from Dr. Pepper

In the past year, we've come quite a long way! We've grown our census, refurbished new areas of our facility, and we've really re-tooled almost every facet of how we communicate and interact with the community at large. We've taken enormous steps to improve our community relations and we've also made huge strides in improving our quality of care and quality of life for our residents!

In the next year, we'll be focused on upgrading more of our facility's capabilities for our residents and our employees while further enhancing our overall public relations efforts. We're really excited to roll out some of our new projects in the next year, and we can't wait to share them with you!

Thank you so very much for your partnership with us throughout the year. We couldn't share news of our successes if it weren't for the great friends in the community like you! Have a blessed holiday season and a wonderful new year from all of us at Capitol Care Center.

That's it for me! Talk to you next year!!!





Year in Review - 2010

2010 has been an intense year for change within Capitol Care Center. We have made some outstanding achievements in hiring key personnel, restructuring our management to exceed our previous capabilities, upgrading our technological capabilities, and building additions to our facility. Indeed, it has been a busy year.

One of our most fruitful endeavors has been the development and launching of our webpage. This has given us capabilities and advantages far beyond anything we could have expected, and has added a technological capability that has truly complimented our community outreach efforts.

We've also seen visible changes around the facility. With the addition of our new Technology Lab, outfitted with a full network of computers for our residents, and a new library stocked with over 1200 titles, we have really added to the comfort level of our residents. We've also expanded our free WiFi to more residents than ever!

From a medical viewpoint, we've upgraded our wanderguard system, ordered more new equipment this year than in any previous year, and have moved our restorative nursing offices to a new, larger location to allow us to enhance our in-house training for our nursing staff.

Capitol Care Center has come a long way in the last year with massive projects to improve our functionality and communication both internally and externally, and you can be sure that the year ahead will hold even greater goals to be reached! We're proud of how far we have come in the last year with our achievements. We've grown and learned together as a staff and as a member of this community, but we know that our success is, in large part, due to our partners in the community and dedicated employees. We would like to offer you our thanks for our success this past year, and offer you our best wishes for a blessed and prosperous new year ahead!

As you may have noticed by now in the State Journal Register or on Channel 20 News, there are approximately 410+ luminaria lining the side of our building along Carpenter Street. Those lights are to represent each patient that we have taken care of in the last year, since January 1st.

Capitol Care Says It In Lights!

As the end of the year approaches and we reflect on our successes, growth, and challenges overcome, Capitol Care Center is starting a tradition of our own. As you may have noticed by now in the State Journal Register or on Channel 20 News, there are approximately 410+ luminaria lining the side of our building along Carpenter Street. Those lights are to represent each patient that we have taken care of in the last year, since January 1st. Each light, either white or blue, will remain lit through the Christmas holiday. The white lights represent patients that either currently reside here at our facility or have gone home through our rehab-to-home unit which is led by our Lynn Gannar Therapy Center on the facility's west wing. The blue lights represent patients that have either passed away here at the facility, at home, or at the hospital. However, all of them have once resided here during the course of the 2010 year.

This is not a memorial; it is a remembrance and a "thank you" for entrusting your health or your loved one's health to our care. As the old saying goes, "Don't forget who brought you" and we certainly don't forget all of the people that have come through our doors seeking our help. It is because of the trust and confidence in the quality of care that we provide that we have been able to claim and hold the position of the highest rated care facility in the area year after year.

So, from all of us to all of you, Thank You! We wouldn't be here without you!





News from Human Resources

Our new insurance changes will go into effect on January 1st! If you signed up for any of the new changes or for 401k, you will notice those changes in the pay period directly preceding the new year! If you have any questions about your plan or the changes that are being made, please be sure to take your questions to the HR Office.

Congratulations to Dave R for completing his C.N.A. training! Dave was previously in Housekeeping and has now moved into his new role as a C.N.A. Congrats Dave!

Have a great Christmas and a Happy New Year from HR!

Announcements

NURSE'S NOTES

In 2011, Capitol Care Center will begin utilizing a supplemental e-letter that we'll be calling "Nurse's Notes." The one page memorandum is meant to open broader lines of communication between our nursing staff and the nursing staff at each hospital. Preliminary plans call for this to have the feel of two colleagues passing notes to each other on how to help each other to streamline our processes and improve quality of care. Since this supplemental mailer is derived from notes received from the nursing department, there will be no set timeframe on when it will be e-mailed. However, as we begin to utilize this new tool, we look for your feedback on how it helps you and also on changes that might be made to improve communication between our nursing staff and yours!

Look for the first edition sometime in the first quarter of 2011!



"You can stop now. The results show your insurance doesn't cover this test."

Upcoming Events

For a detailed listing of daily events, click here to download our activities calendar or see us on the web at www.capitolcarecenter.com. For further information please call 217.525.1880 or email AMcneil@platinumhc.net.

Christmas Movies & Popcorn	Dec 8 @ 2 pm
Christmas Performance	Dec 11 @ 2 pm
Resident Christmas Party	Dec 16 @ 6:30 pm
Piano Party	Dec 17 @ 2 pm
Resident Birthday Parties	Dec 22 @ 2 pm
Catholic Services	Every Monday @ 10am
Chapel Worship Services	Every Thursday @ 10am

